

WHAT'S ON YOUR MIND?

Balancing Your Personal Life

Part 2

"... in your thinking, be adults." 1 Corinthians 14:20b

"Prepare your minds for action; be self controlled"

1 Peter 1:13

How to Stay Mentally Fit

I. _____

"...take captive every thought, to make it obedient to Christ." 2 Corinthians 10:5

Four kinds of material:

- _____ Romans 16:19, Psalm 101:3
- _____ 1 Corinthians 10:23
- _____ Philippians. 4:7-8
- _____ Psalm 119:11, Joshua 1:8

II. _____

Proverbs 19:8 (Additional references:
Proverbs 4:5-13, Proverbs 16:16)

3 Essential Attitudes

1. _____ Proverbs 18:15

2. _____ Proverbs 11:2

3. _____ Colossians 3:23

III. _____

1. _____
1 Thessalonians 4:11

2. _____
2 Timothy 4:13

3. _____
Proverbs 13:20

4. _____
Proverbs 20:5

5. _____
Hebrews 2:1

6. _____
Ephesians 5:15-16

Next week sermon:

LET'S GET PHYSICAL

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