

BUILDING BRIDGES WITH YOUR WORDS

Building Bridges - Part 3

All relationships are **fueled** by **COMMUNICATION**

I. BUILD **TRUST**

“Simply let your ‘yes’ be ‘yes’ and your ‘no’ be ‘no’; anything beyond this comes from the evil one.” Matthew 5:37 (NIV)

II. GUARD YOUR **THOUGHTS**

“For out of the overflow of the heart the mouth speaks.”
Matthew 12:34

*“Your souls aren’t harmed by what you eat, but by what you **think** and **say**.”* Mark 7:15

III. USE YOUR **EARS**

*“I love the Lord, because He **listens** to my prayers for help.”*
Ps. 116:1

*“**Listen** before you answer. If you don’t, you are being stupid and insulting.”* Pr. 18:13

L – **LOOK AT PEOPLE**

I – **INVEST IN PEOPLE**

S – **STOP WHATEVER ELSE YOU’RE DOING**

T – **THINK ABOUT WHAT THEY ARE SAYING**

E – **EMPATHIZE WITH THEM**

N – **NOTICE BODY LANGUAGE**

IV. EMPOWER YOUR **WORDS**

“Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs...”
Eph. 4:29

Be **HONEST**

“... Speaking the truth in love...” Eph. 4:15

Use **TOUCH**

“Jesus reached out and touched the man and said, ‘Of course I will. Be healed.’ And the leprosy left him instantly!” Luke 5:13

Ask **QUESTIONS**

“Then He asked, ‘Who do you think I am?’ Peter replied, ‘You are the Messiah.’” Mark 8:29

Use **PICTURES**

“Jesus replied, ‘With all the earnestness I possess I tell you this: Unless you are born again, you can never get into the Kingdom of God.’” John 3:3

This week I will seek to

- Build **TRUST** by _____
- Guard my **THOUGHTS** by _____
- Use my **EARS** by _____
- Empower my **WORDS** by _____

Next Sermon’s Topic
**STRENGTHENING RELATIONSHIPS
THROUGH ANGER AND CONFLICT**
Pastor Saro Khachikian