

# THE LIGHT OF CHRISTMAS FOR YOUR DARK DAYS

*"Jesus said, I have come as a Light to shine in this dark world, so that all who put their trust in me will no longer wander in darkness."*

John 12:46

## I. EVERYONE HAS DARK DAYS

### ➤ Dark Days of Disappointment

*"I hoped for happiness and light, but trouble and darkness came instead." Job 30:26*

### ➤ Dark Days of Distress

*"I have cried desperately for help, but still it does not come." Psalm 22:1*

### ➤ Dark Days of Doubt

*"The one who walks in the dark does not know where he is going." John 12:35*

### ➤ Dark Days of Depression

*"The thought of my pain... is bitter poison. I think of it constantly, and my spirit is depressed." Lam. 3:19-20*

*"Lover, friend, acquaintance - all are gone. There is only darkness everywhere." Psalm 88:18*

### Antidote:

*"You, Lord, are my light; you dispel my darkness!"  
2 Sam. 22:29*

## II. HOW CAN JESUS DISPEL MY DARKNESS?

### 1. He will \_\_\_\_\_ me when I'm disappointed.

*"The Lord is near to those who are discouraged; he sees those who have lost all hope." Psalm 34:18*

*"The plans I have for you, says the Lord, are plans to prosper you, not to harm you... to give you hope and a future." Jeremiah 9:11*

### 2. He will \_\_\_\_\_ me when I'm distressed.

*"I have the strength for all things in Christ who empowers me - I am ready for anything and equal to anything through Him who infuses inner strength into me." Phil. 4:13*

*"Even though I go through the deepest darkness, I will not be afraid, Lord, for you are with me." Psalm 23:4*

### 3. He will \_\_\_\_\_ me when I'm doubtful.

*"Jesus said, I am the Light of the world. So if you follow me, you won't be stumbling through the darkness, for living light will flood your path." John 8:12*

*"Your words are a flashlight to light the path ahead of me and keep me from stumbling." Psalm 119:105*

### 4. He will \_\_\_\_\_ me when I'm depressed.

*"It is possible for light to turn the thing it shines upon into light also!" Ephesians 5:13*

*"The light produces in people all that is good and right and true." Ephesians 5:9*

*"... the darkness in our lives disappears and the new light of life in Christ shines in." 1 John 2:8*

Next Sunday Sermon

CHRISTMAS BEHIND THE SCENES?

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