THE REALITY CHOICE

Life's Healing Choices: The Beatitudes Part 1

"I don't understand what I do. For what I <u>want to do I don't</u> do, but what I <u>hate</u> to do, I <u>do</u>! ... I know that nothing good lives in my sinful nature. I have the <u>desire</u> to do what is good, but I <u>cannot carry</u> <u>it out</u>." Romans 7:15+18

Stress	Diet	Finances
Fears	Worry	Relationships
My overwork	Bad habits	Painful memories
Attractions	Anger	Perfectionism
Addiction	Dishonesty	Resentment
Regrets	Need to control	Compulsive thoughts

THE CAUSE: _____

"In the pride of your heart you say, 'I am a god...' But you are just a man and not a god, <u>though you think</u> you are as wise as a god." Ezekiel 28:2

1ST CHOICE:

"Blessed are the <u>poor in spirit</u>, for theirs is the kingdom of heaven." Matthew 5:3

I ADMIT I need help; that I'm powerless to control my tendency to do the wrong thing and that my life is unmanageable.

1.

"God opposes the proud but gives grace to the humble." James 4:6

"You will never succeed in life <u>if you try to hide</u> your sins. Confess them and give them up; then God will show mercy to you." Proverbs 28:13 2.

"We saw how powerless we were to help ourselves; <u>but that was</u> <u>good</u>, for then we put everything into the hands of God, who alone could save us, for he can even raise the dead." 2 Corinthians 1:9

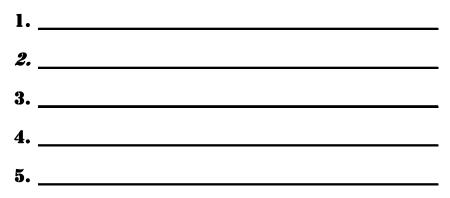
"You're blessed when you're at the end of your rope. With less of you there is more of God and his rule." Matthew 5:3

3._____

"Two are better than one, because they have a good return for their work: If one falls down, his friend <u>can help him up</u>. But pity the man who falls and has no one to help him up!" Ecclesiastes 4:9-10

"Admit your faults to one another and pray for each other so that you may be healed." James 5:16

GROUND RULES:



"When we were unable to help ourselves, at the moment of our need, Christ died for us..." Romans 5:6

