

# THE REALITY CHOICE

## Life's Healing Choices: The Beatitudes Part 1

*"I don't understand what I do. For what I want to do I don't do, but what I hate to do, I do! ...I know that nothing good lives in my sinful nature. I have the desire to do what is good, but I cannot carry it out." Romans 7:15+18*

<i>Stress</i>	<i>Diet</i>	<i>Finances</i>
<i>Fears</i>	<i>Worry</i>	<i>Relationships</i>
<i>My overwork</i>	<i>Bad habits</i>	<i>Painful memories</i>
<i>Attractions</i>	<i>Anger</i>	<i>Perfectionism</i>
<i>Addiction</i>	<i>Dishonesty</i>	<i>Resentment</i>
<i>Regrets</i>	<i>Need to control</i>	<i>Compulsive thoughts</i>

### THE CAUSE: \_\_\_\_\_

*"In the pride of your heart you say, 'I am a god...' But you are just a man and not a god, though you think you are as wise as a god." Ezekiel 28:2*

### 1ST CHOICE:

*"Blessed are the poor in spirit, for theirs is the kingdom of heaven." Matthew 5:3*

**I ADMIT** I need help; that I'm powerless to control my tendency to do the wrong thing and that my life is unmanageable.

1. \_\_\_\_\_

*"God opposes the proud but gives grace to the humble." James 4:6*

*"You will never succeed in life if you try to hide your sins. Confess them and give them up; then God will show mercy to you." Proverbs 28:13*

2. \_\_\_\_\_

*"We saw how powerless we were to help ourselves; but that was good, for then we put everything into the hands of God, who alone could save us, for he can even raise the dead." 2 Corinthians 1:9*

*"You're blessed when you're at the end of your rope. With less of you there is more of God and his rule." Matthew 5:3*

3. \_\_\_\_\_

*"Two are better than one, because they have a good return for their work: If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up!" Ecclesiastes 4:9-10*

*"Admit your faults to one another and pray for each other so that you may be healed." James 5:16*

### GROUND RULES:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

*"When we were unable to help ourselves, at the moment of our need, Christ died for us..." Romans 5:6*



Next Sunday

### THE HOPE CHOICE

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